

Fall 2026 Elbow Benders Rules/Dues

Welcome to another great season of Monday Elbow Benders League. Below are a few league rules as well as a breakdown of league dues.

Handicap: 90% of 210

Duration: 14 Weeks - Ending December 14, 2026

Pre-Bowl: You are allowed to pre-bowl if you know you are going to miss the upcoming week. Pre-Bowl needs to be paid at the time of the pre-bowl. Pre-Bowl is your first 3 games as it would be in a normal league night. Try to keep this to a minimum - it is not as much fun to bowl against teams missing players. **If pre-bowling on a Saturday or Sunday, please do so in the morning as it will be extremely busy come afternoon hours**

League Dues: The entire season is \$270 per person, which breaks down to \$17 per week, \$27 for sanction card, and a \$5 Season Secretary Fee. This can be paid in total the 1st night, weekly, or multiple weeks at once. Cash and checks are preferred.

Credit Cards: **If you have to pay by card, 4 weeks (1 month) will be charged per transaction. This will help league get started on time. Debit cards are free, credit cards have a 3% processing fee**

Blinds: Blind bowlers are given their average minus 10 pins as per USBC rules. Blind bowlers **ARE** responsible for payment. If envelopes are short, the shortage amount will be taken out of the team's prize money at the end of the season.

Shoe Rental: House shoes are an additional **\$4.50** to rent

Sanction Card: A one time fee of \$27 is due for league sanction/certification - **Paid 1st Night**

Secretary Fee: \$5 Per Person for the entire season - **Paid 1st Night**

Standings: Standings will be available at emeraldlanes.com/league-play

Lockers: \$40 yearly rental Sept 1 2026 - Sept 1 2027

1st Week Breakdown

<u>Week 1</u>	<u>September</u>	<u>1/2 Season</u>	<u>Full Season</u>
League Dues: \$17	League Dues: \$51	League Dues: \$119	League Dues: \$238
Sanction Card: \$27	Sanction Card: \$27	Sanction Card: \$27	Sanction Card: \$27
Secretary Fee: \$5	Secretary Fee: \$5	Secretary Fee: \$5	Secretary Fee: \$5
Total \$49	Total \$83	Total \$151	Total \$270